

SAJE Therapies

Contact Information & Driving Directions

Owner/Practitioner: Bernadette Elinsky, LSW, LMT

Contact Information: 717-269-0773; SAJETHERAPIES@gmail.com

Office location: 2917 Windmill Road, Suite #4, Sinking Spring, PA 19608

The office is located just off of the intersection of Shillington Road and Iroquis Avenue, behind the Truist Bank.

- 1 mile SE of the intersection of Rte 422 (Penn Ave) and Rte 724 (Shillington Rd)

- 1 mile NW of the intersection of Rte 724 (Shillington Road) and Rte 222

The office is located within Atlas Chiropractic and Wellness Center, 610-685-8527.

From areas North of Reading:

Travel Route 222 South. Take the exit for Sinking Spring/Route 724/Shillington Road. Turn Left at the light onto Route 724 W/Shillington Road. Travel about 1 mile to Iroquois Ave (Truist Bank will be directly on the left; CVS will be across the street on the left). Turn Left onto Iroquois Ave. Make your first Left into the parking lot, bearing right. Suite #4 is the first building on your left. Park where available.

From areas South/Lancaster:

Travel Route 222 North. Take the exit for Sinking Spring/Route 724/Shillington Road. Turn Left at the light onto Route 724 W/Shillington Road. Travel about 1 mile to Iroquois Ave (Truist Bank will be directly on the left; CVS will be across the street on the left). Turn Left onto Iroquois Ave. Make your first Left into the parking lot, bearing right. Suite #4 is the first building on your left. Park where available.

From areas West of Reading:

Travel Route 422 East. Turn Right at the light onto Route 724 E/Shillington Road (McDonald's and Jiffy Lube Oil will be on your right; The Yurconic Agency will be on your far left). Travel about 1 mile to Iroquois Ave (CVS will be directly on the right; Truist Bank will be across the street on the right). Turn Right onto Iroquois Ave. Make your first Left into the parking lot, bearing right. Suite #4 is the first building on your left. Park where available.

From areas South/East of Reading/Flying Hills:

Travel Route 10/Morgantown Road North. Turn Left onto Route 724 W/Philadelphia Ave and follow through Shillington. Philadelphia Ave changes names a few times, becoming W Lancaster Ave, then Lancaster Pike. Continue following Route 724 W/Revere Blvd as it makes a Right turn at the Sheetz (located on the right), becoming Shillington Road as it passes over Route 222. Travel for about 1 mile to Iroquois Ave (Truist Bank will be directly on the left; CVS will be across the street on the left). Turn Left onto Iroquois Ave. Make your first Left into the parking lot, bearing right. Suite #4 is the first building on your left. Park where available.